



# Menasha Senior Center AUGUST 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> 9:00 Computer class 9:30 Line Dancing 11:30 Meals 12:30 Scrabble 1:00 Men's cards	<div>4</div> 10:00 <b>Wii</b> 11:20 Meals 1:15-3:00 <b>Blood Pressure ck</b>	<div>5</div> 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard <div>1:00 VNA Foot-</div>	<div>6</div> 8:30 Oil Painting 10:00 <b>BenSpec</b> 11:20 Meals 12:30 Cribbage 1:00 <b>Bingo-Sterling House</b> 1:00 Bridge <div>10:00 SALT-Construction</div>	<div>7</div> 8:00 Bike 4 Fun 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i> 1:30 Advanced Line Dancing
<div>10</div> 9:00 Computer class 9:30 Line Dancing 10:30am <b>Nutro</b> Bingo 11:20 Meals 12:30 Card making class 1:00 Men's cards	<div>11</div> 10:00 <b>Wii</b> 11:20 Meals 1:00 <b>Bingo</b> 1:15-3:00 <b>Blood Pressure ck</b>	<div>12</div> 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	<div>13</div> 7:45 CA meeting 8:30 Oil Painting 9:00 PC meeting 10:00 <b>BenSpec-Turning 65?</b> 11:20 Meals 12:30 Cribbage 1:00 Bridge	<div>14</div> 8:00 Bike 4 Fun 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i> 1:30 Advanced Line Dancing
<div>17</div> 9:00 Computer class 9:30 Line Dancing 11:20 Meals 12:30 Scrabble 1:00 Men's cards	<div>18</div> ~Senior Games~ 10:00 <b>Wii</b> 11:20 Meals 1:00 <b>Bingo</b> 2:00 SALT meeting <del>1:15-3:00 Blood Pressure ck</del>	<div>19</div> 9:30 Line dancing 10:00-11 Chair exercise 11:20 Meals 11:00 <i>You Can Do It</i> 12:30 Texas Hold'em 12:30 Shuffleboard	<div>20</div> 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge	<div>21</div> 8:00 Bike 4 Fun 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i> 1:30 Advanced Line Dancing
<div>24</div> 9:00 Computer class 9:30 Line Dancing 11:20 Meals 1:00 Men's cards	<div>25</div> 9:00 Newsletter Assembly 10:00 <b>Wii</b> 10:30-12n <b>Blood pressure</b> 11:20 Meals 1:00 <b>Bingo</b>	<div>26</div> 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	<div>27</div> 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge 1:00 VNA Foot care	<div>28</div> 8:00 Bike 4 Fun 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i> 1:30 Advanced Line Dancing
<div>31</div> 9:00 Computer class 9:30 Line Dancing 11:20 Meals 1:00 Men's cards	<b>Oddities:</b> Aug 8—Middle Children's Day: to pay attention to middle children. Aug 16—Joe Miller's Joke Day: Joe Miller, an English comic actor, died 8/16/1738. He inspired the first book of jokes. Aug 22—The first president to ride in an automobile—Theodore Roosevelt in 1902. Aug 29—More Herbs, Less Salt Day, for better health.			

